

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <div style="text-align: center;"><b>Volunteering Matters</b></div>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Hackney</b>	
Contact person: <b>Ms Jemma Mindham</b>	Position: <b>Business Development Manager</b>
Website: <b><a href="http://www.volunteeringmatters.org.uk">http://www.volunteeringmatters.org.uk</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>291222</b>
When was your organisation established? <b>04/01/1962</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <div style="text-align: center;"><b>Making London More Inclusive</b></div>		
Which of the programme outcome(s) does your application aim to achieve? <b>Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living</b> <b>Work enabling disabled people of all ages to live independently</b>		
Please describe the purpose of your funding request in one sentence. <b>To fund the creation of an Inclusion Worker post to inspire disabled young people to engage in volunteering, and support organisations to facilitate this.</b>		
When will the funding be required? <b>04/01/2017</b>		
How much funding are you requesting?		
Year 1: <b>£49,711</b>	Year 2: <b>£49,901</b>	Year 3: <b>£50,896</b>
<b>Total: £150,508</b>		

**Aims of your organisation:**

Volunteering Matters (formerly CSV) is the UK's leading volunteering charity. Our vision is of a society where everyone can participate in their local community through volunteering and social action. Our mission is to invest in people through volunteering and social action; to reduce inequalities and isolation, improve health and wellbeing and so build a stronger more inclusive society.

We deliver targeted, innovative and professional volunteering programmes to support some of the most disadvantaged people in communities all over the UK. Last year over 35,000 volunteers participated in our social action volunteer projects enabling over 180,000 disadvantaged people to have a positive stake in society. Our work enables people to gain self-respect, build resilience, confidence and skills, and live more positive and fulfilling lives. By investing in people through volunteering we can reduce inequalities and isolation to build a much stronger society.

**Main activities of your organisation:**

Our current main programmes of work include:

- The Retired and Senior Volunteer Programme (RSVP), which addresses social isolation, health and wellbeing amongst older people. Last year over 15,000 older people engaged in volunteering, running projects such as social clubs, employability workshops, befriending, and patient driving schemes.
- Supported Volunteering Schemes, which enable disabled people to volunteer in their local communities. Last year over 600 disabled people were empowered to volunteer, supported by around 500 volunteer mentors.
- Volunteers Supporting Families, which recruits, trains and supports volunteers to work with troubled families where there are children who are at risk of harm. Last year we worked with around 500 volunteers, who supported over 400 families.
- Youth volunteering programmes for young people aged 14-25 (including those not in employment, education or training). Last year over 900 young people led activities such as social media workshops with older people, summer workshops in schools, and provided support at local hospices.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>93</b>	<b>99</b>	<b>8</b>	<b>15,000</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Owned</b>	

## Summary of grant request

We are seeking support for an Inclusion Worker to develop and enhance our volunteer programmes in East London in order to support young disabled people in their transition into adulthood through access to volunteering.

**Delivery:** The project will add value to our existing projects supporting people to engage in volunteering in Hackney, Haringey, Barnet and Tower Hamlets. The role of the Inclusion Worker will be to:

- 1) Inspire disabled young people to engage in volunteering through delivery of skills workshops.
- 2) Create a network of community and peer volunteer mentors to provide continuing and sustainable support to young disabled people across the Boroughs.
- 3) Deliver Disability Awareness Training to volunteer involving organisations to ensure their activities and roles are accessible.
- 4) The Inclusion Worker will link to our Inspiring Young Disabled People programme to develop employment placements and work experience for disabled young people, further enhancing their employment prospects and aspirations.

**Need:** There remains a negative preconception of what young disabled people can achieve and do. This can have a detrimental effect on their confidence and self-esteem, which in turn can negatively impact on their aspirations for the future, and condemn them to a life of isolation and dependency:

- There are over 63,000 young people (up to 24 yrs) claiming disability living allowance across London (Office for National Statistics, Neighbourhood Statistics, April 2014).
- Between the ages of 16 and 19, disabled people are more likely to be in the NEET group at least once - 33% compared to 24% (DfE Youth Cohort Study and Longitudinal Study of Young People in England, 2011).

At the same time, young disabled people report that they do not feel in control of their 'care and support' (CQC report 2016) and a significant period in their life where these decisions are being made is during Transition.

East London is one of the most deprived areas of London. Hackney, Tower Hamlets, Haringey, and Newham are all in the top five most deprived London boroughs (Deprivation Index Rank, 2015). During our work in these areas, we have identified a need for more direct support to young disabled people, schools and youth groups, and volunteer involving agencies (see Detailed Proposal).

**Our Experience:** Volunteering Matters has co-ordinated supported volunteering programmes for individuals with additional support needs for 25 years. We trialed it for young people with SEND with 5 London schools from 2009- 2012, funded by City Bridge Trust. This programme was limited to social action activities in peer groups, supported by staff including Tutors. One key evaluation recommendation was that the participants engage in individual volunteering activities, outside of the safe environment of the school. We took these findings and consulted with pupils, staff, Transition Workers, and Career Advisors in Norfolk to produce the Futures programme, which has run for 3 years. In reviews of participants, 60% reported increased confidence and self-esteem, and 83% felt they had more choice.

**Trust Outcomes:** This programme activates a new way of working with disabled young people which enables them to identify, build on and utilise their skills, increase employability, raise expectations and aspirations, and build resilience through engagement in volunteering activities. Doing this at the critical stage of Transition empowers them to make meaningful and informed independent choices: One young man changed his plans and accessed a mainstream training programme after volunteering.

**Good Practice:** As with our other Futures programmes, young disabled people will design their own journeys and outcomes, will be central participants on steering groups, and will be co-facilitators of training and workshops. We will ensure that participants are given the opportunity to become peer mentors.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**None. We have previously held Mentoring and Befriending Foundation Approved Provider Status for our supported volunteering model, which this programme is**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Inclusion Worker post will support community organisations and businesses to develop sustainable inclusive opportunities for disabled young people through delivery of 10 disability awareness workshops and follow up individual support to 5 organisations per workshop.**

**Inclusion Worker post will recruit and train 50 community volunteer and peer mentors across East London to support disabled young people to access volunteering and work opportunities.**

**Inclusion Worker post will deliver 16 skills development workshops to young disabled people across East London.**

**Inclusion Worker post will match 125 disabled young people to volunteer mentors and volunteer/work experience roles within third party organisations.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Disabled young people will have increased independence, confidence and self-esteem.**

**Disabled young people will have an equal role in their community and feel valued, increasing their self-worth.**

**Disabled young people will have increased access to volunteering and employment through enhanced skills, experience, and knowledge development of community organisations and employers.**

**Disabled young people will be empowered to make informed choices during the Transition period, with raised aspirations towards employment and community involvement.**

**East London communities will be more inclusive towards disabled people.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes. Once our service is established, we will fund the post through 3 avenues:**  
**1) Education providers who will be able to purchase our support directly to work with their young disabled people;**  
**2) Contracting to deliver training and consultancy to organisations in disability awareness and development of accessible roles;**  
**3) Individual Budgets (of which we have direct experience).**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**225**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Hackney (25%)**

**Haringey (25%)**

**Barnet (25%)**

**Tower Hamlets (25%)**

What age group(s) will benefit?

**16-24**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Inclusion Worker Salary Costs	27,869	28,426	28,994	85,289
Management Costs	2,400	2,450	2,500	7,350
Staff Travel and Subsistence	1,500	1,530	1,560	4,590
Equipment	750	0	0	750
Office Costs	3,000	3,180	3,243	9,423
Volunteer Expenses	2,500	2,550	2,600	7,650
Training	1,250	1,275	1,300	3,825
Project Costs	500	510	520	1,530
Volunteering Matters Operational Costs	9,942	9,980	10,179	30,101
<b>TOTAL:</b>	<b>49,711</b>	<b>49,901</b>	<b>50,896</b>	<b>150,508</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Inclusion Worker Salary Costs	27,869	28,426	28,994	85,289
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	318,000
Activities for generating funds	1,643,000
Investment income	4,000
Income from charitable activities	5,018,000
Other sources	96,000
<b>Total Income:</b>	<b>7,079,000</b>

Expenditure:	£
Charitable activities	8,636,000
Governance costs	81,000
Cost of generating funds	279,000
Other	0
<b>Total Expenditure:</b>	<b>8,996,000</b>
<b>Net (deficit)/surplus:</b>	<b>-1,917,000</b>
<b>Other Recognised Gains/(Losses):</b>	<b>2,683,000</b>
<b>Net Movement in Funds:</b>	<b>766,000</b>

Asset position at year end	£
Fixed assets	2,349,000
Investments	0
Net current assets	664,000
Long-term liabilities	8,138,000
<b>*Total Assets (A):</b>	<b>-5,125,000</b>

Reserves at year end	£
Restricted funds	1,335,000
Endowment Funds	-8,138,000
Unrestricted funds	1,678,000
<b>*Total Reserves (B):</b>	<b>-5,125,000</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
11-20%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The target level of reserves will be achieved when the sale of the charity's surplus properties are completed (Cardiff is now sold). The Trustees are therefore confident there are no material risks to the organisation's ability to operate as a going concern. As a result, the accounts were prepared on a going concern basis.

### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	83,000	71,042	0
London Local Authorities	146,944	29,010	73,677
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	871,729	538,147	285,000
Other statutory bodies	644,036	642,227	258,159

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
V Inspired	338,110	145,451	0
Jecda Foundation	0	0	77,068
Beth Johnson	48,750	39,000	37,050
Big Lottery	1,331,460	929,074	1,644,374
European Funding (various)	373,000	243,000	223,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Jemma Mindham**

Role within                      **Business Development Manager (Disability)**  
Organisation: